

# Kwina Mile Entry Form & Waiver

## Divisions (check one)

Male	Female
Grade School ___	Grade School ___
Middle School ___	Middle School ___
High School ___	High School ___
Lummi Adult ___	Lummi Adult ___
Non-Lummi Adult ___	Non-Lummi Adult ___
Race Walking ___	
Walking Only ___	

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Telephone # \_\_\_\_\_

Age \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_

Shirt Size (Check one) \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL

### Waiver (must be signed, by parent/guardian if under 18)

**Notice:** This entry form and release form is a contract with legal consequences. Read it carefully before signing.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided, there will be a possibility of traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, and the conditions of the roads, all such risks being known and appreciated by me. Furthermore I agree to yield to all emergency vehicles. I also **agree not to go back on the course after finishing.** Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue and unconditionally waive and release and discharge the Lummi Indian Business Council, Race Committee, Lummi Police Department, race officials, volunteers and all sponsors including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents, authorized by them to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose. Applications for minors will be accepted only with a parent or guardian's signature.

Runner's Signature \_\_\_\_\_

Parent/Guardian (if minor under 18) \_\_\_\_\_ Date \_\_\_\_\_

**Pre-register by June 11<sup>th</sup> and get a free espresso** at the Lummi Fitness Center or mail with \$5 cash per person to: *Attn.: Stommish Relay Committee, Lummi Fitness Center 2600 Kwina Rd. Bellingham, WA 98226*